

# *McClerklin Skin & Laser Center*

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Dermatologic Surgery & Laser Surgery

Diseases and Surgery of the Skin, Hair and Nails

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## **INSTRUCTIONS FOR DR. MCCLERKLIN'S BLEACHING CREAM**

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1. The active ingredient in Dr. McClerklin's bleaching cream is hydroquinone, which temporarily lightens the skin. Avoid this product if you have any known allergies to hydroquinone. Apply this product sparingly to dark areas on the skin twice a day.
2. A mild stinging sensation is common in some persons. Do not use this cream if severe irritation or a rash occurs. Do not apply on irritated or on broken skin. Avoid this cream during pregnancy and breast feeding.
3. The cream turns brown when exposed to the sun. Do not leave the jar unopened for prolonged periods of time. The darkening of the cream does not weaken its effectiveness; therefore, it is not necessary to throw it away when it darkens.
4. Like all medicines, this cream is intended only for the use of the person prescribed.
5. Long term use of bleaching creams can lead to permanent gray discoloration of the skin called *ochronosis*. Stop using the cream if the area is getting no lighter, or if any darkening of the skin is noted. Use of a sunscreen with SPF 20 or above is recommended with this product. Ask Dr. McClerklin or staff for a recommended sunscreen.
6. Dr. McClerklin makes no warranties, expressed or otherwise, as to the effectiveness of this product or lack of irritation in each patient's particular case. Refunds will not be offered.